

BREAKFAST MENU

MONDAY - FRIDAY | 7:30AM - 10:00 AM

HOT COOKED

BACON & EGGS ON TOAST .. two eggs your way
bacon . blistered cherry tomato's . sourdough \$14

EGGS BENEDICT (v) .. two poached eggs wilted
spinach . hollandaise . sourdough \$16
Ham \$19
Salmon \$20

SMASHED AVOCADO .. avocado on grilled
sourdough . crumbled feta . slice of lemon
cracked pepper . micro herbs \$16

BACON & MUSHROOM OMELETTE (gfo) .. omelette
topped with pan-fried bacon & mushroom
drizzle of truffle oil . grilled sourdough \$18

SPINACH & FETA OMELETTE (gfo v) .. omelette
topped with feta and wilted spinach . drizzle
of truffle oil . grilled sourdough \$16

CORN FRITTERS (gf df v) .. char-grilled corn
fritters . avocado . smokey tomato chilli relish
poached egg \$19

SWEET PANCAKES .. fluffy pancake goodness
stack . berry compote . vanilla ice cream
maple syrup \$15

CANADIAN PANCAKES .. fluffy pancake goodness
stack . bacon . banana . maple syrup \$17

ADD YOUR OWN

Egg(1) \$3
Bacon \$6
Salmon \$6
Ham \$5
Blistered Tomato's \$4
Avocado..... \$4
Spinach \$3
Mushrooms \$3
Haloumi..... \$4
Gluten Free bread \$3
Sourdough \$2

PASTERIES

fresh baked

Classic Croissant \$4.5
Chocolate Croissant ... \$5
Almond Croissant \$6
Cinnamon Snail \$6
Scone \$5

Add Jam & Cream \$1
Add Jam & Butter \$1

BAGUETTES

fresh baked

Shaved ham & cheese . butter
pickles \$14

Shaved salami & cheese
butter . pickles \$14

Roast chicken breast . semis
cranberry . spinach . sliced
camembert \$17

Buffalo mozzarella & sundried
tomato . pesto . rocket ... \$16

Fresh or toasted - up to you!

CHECK OUT OUR CABINETS

for more

HOUSE BAKED GOODNESS

*Rise
and
Shine*

Please advise our staff of any dietary requirements

gf -gluten free df- dairy free v - vegetarian o - option

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SUPER BOWLS

ACAI or PITAYA BOWLS ..

Bare .. served with granola . fresh banana and chia seeds \$14

Deluxe .. served with granola fresh berries and banana . coconut . goji berries and chia seeds \$17

BREAKFAST BUDDHA BOWL (gf df v) .. seared spinach blistered cherry tomato . pan tossed pumpkin . pan-fried spiced chick peas avocado . grilled broccolini and spinach poached egg . smokey tomato chili relish \$19

Add Bacon or Salmon \$25

JUICES | SMOOTHIES

Fresh squeezed orange juice \$6.5

Banana, Mango, Pineapple, Mixed Berry \$7
fruit . yogurt . juice . little honey . ice and blended

Banana Nut Smoothie .. banana . hazelnut honey . yogurt . wheat germ . milk \$8

Peanut Butter & Jam Smoothie .. mixed berries strawberries . peanut butter . oats and almond milk \$8

Acai or Pitaya Smoothie .. coconut water banana . apple juice \$8

Strawberry Acai Smoothie .. almond milk strawberries . banana and acai \$8

Dragonfruit Booster .. dragonfruit . raspberries blueberries \$8

Go Green Smoothie .. avocado . spinach banana cloudy apply juice \$8

COFFEE

Moonshine Roasters

Small prices

Espresso	\$3.5
Long Black	\$4
Flat white	\$4
Cappuccino	\$4
Latte	\$4
Chai Latte	\$5
Machiato	\$3.5
Piccolo	\$4
Turmeric Latte	\$5
Matcha Latte	\$5
Iced Choc or Coffee.....	\$6
Hot Chocolate	\$4

Large - add 50c

Jumbo - add \$1.50

TEA

Tea by Birdy

Teas all \$4

Outback Breakfast
French Earl Grey
Zanzibar Chai
Pure Peppermint
Organic Lemongrass
Peppermint and Licorice
Egyptian Chamomile
Japan Sencha Green
Queen of Berries

ICED BEVES

Iced Tea's \$7
peach or lemon

Iced Tea Special \$8
Ask us what our special is!

Iced latte & iced chai latte
available

seize the day

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